Cancellation Policy:

My primary goal is provide the best possible service to my clientele. In order to accomplish this goal, my company works on an appointment-based schedule to allow you the private and individualized time required for your personal-training session.

Because of this schedule, it is important that clients provide their trainer with proper notice when they need to cancel an appointment. This means a cancellation should be made at least 24 hours before the scheduled appointment. Failure to cancel a training session within the time stated above will result in the client being charged for that session.

I understand that in times of emergencies and illness this is not always possible. Circumstances such as these will be taken into consideration.

COVID-19 EXEPTION:

If you suspect that you may have been recently exposed to someone with Covid-19 or are experiencing symptoms such as cough, fever, shortness of breath or loss of smell and taste you may cancel last minute without being charged. Please do not abuse this exception.

I have read the above policy and agree to its terms as it applies to my personal-training package and trainer.

Signed:		 	
Date:			